

**SELF-HARMING GUIDELINES FOR LOOKED AFTER CHILDREN/YOUNG PEOPLE THEIR CARERS AND PROFESSIONALS**

*TO BE READ IN CONJUNCTION WITH SELF-HARMING DOCUMENT*

**YOUNG PERSON HAS SELF-HARMED**



**Assessment of current situation**

**URGENT**

**NON URGENT**

**HAS THE YOUNG PERSON....**

- Ingested harmful liquids
- Cuts that are deep and or bleed profusely
- Burns that are blistering and red
- Taken overdose
- Swelling that is painful or looks worrying

**ARE YOU UNSURE**

**HAS THE YOUNG PERSON...**

Superficial

- Burn
- Bruises
- Scratches
- Cuts

**URGENT MEDICAL ATTENTION REQUIRED**

**CONSIDER:**

- Emergency First Aid
- 999/Ambulance
- A & E Urgently

**ALWAYS INFORM:**

- Social Worker – if not available -Team Manager/ Emergency Duty Service
- Inform Children’s Home Manager where appropriate

**IS MEDICAL ATTENTION REQUIRED - CONSIDER:**

- First Aid
- GP
- NHS Direct
- School Nurse/LAC Nurse
- A & E
- Walk in Centre
- Offer Counselling

A & E

Self-harming Protocol

Mental Health Assessment

By Psychiatrist on call

**SOCIAL WORKER INFORMS:**

- Relevant Professionals/ Parents and oversees the multi-agency strategy meeting

**CAMHS/STARLAC**

Follow up/Involvement

The social Worker co-ordinates the multi-agency strategy meeting.

**ACTION PLANS AND REVIEW TIMESCALES SHOULD BE INCLUDED**

This meeting should always include health professionals

Possible referral following discussion with Young person to STARLAC

Follow up/Involvement.

Offer Counselling

**If CAMHS follow up not available- SW must refer to STAR LAC for advice**

**LAC REVIEW**

**Must be aware if young person self-harms and check that current self-harming care plans are in place**